

# 90 Back to School Lunchbox Ideas

## *Starch & Protein - (Pick 1)*

Peanut Butter & Jelly Sandwich

Cheese & Crackers & Meat

Cheese Soft Taco

Turkey & Cheese Sandwich

Muffins

Chicken Nuggets

Mini Bagel Pizzas

Hot Soup

Hot Dog & Bun

Peanut Butter Bagel

Protein Pancakes

Turkey & Cheese Pinwheels

Tortilla & Cheese Roll Up

Grilled Chicken Strips & Pita

Vegetable Sushi

Ham & Cheese Roll Up

Nuts & Cereal Trail Mix

Greek Yogurt & Granola

Hard Boiled Eggs

Hummus & Pretzels

Cesar Salad & Croutons

Tuna Sub Sandwiches

Chili & Crackers

Bagel & Cream Cheese

## *Fruits & Vegetables - (Pick 1)*

Cucumbers

Grapes

Bananas

Carrots

Apples

Dried Apricots

Celery

Watermelon

Dried Cranberries

Salad

Blueberries

Dried Apple Chips

Cherry Tomatoes

Raspberries

Dried Banana Chips

Pickles

Peaches

Raisins

Red & Yellow Peppers

Mango

Applesauce

Edamame

Cherries

Squeeze Fruit & Veggie Pouches

Snap Peas

Cantaloupe

Canned Pears

Broccoli

Pineapple

Canned Peaches

Cauliflower

Oranges

Canned Pineapple

Strawberries

Clementine Mandarin Orange

Mixed Fruit

## Snacks & Treats – (Pick 1-2)

Cheese Sticks

Cheese Shapes

Dry Cereal

Granola

Go Gurt Yogurt

Fish Crackers

Pretzels

Baked Chips

Nuts

Pudding

Popcorn

Veggie Straws

Rice Cakes

Granola Bars

Graham Crackers

Trail Mix

Mixed Nuts

Sunflower Seeds

Z Bar

Cookies

Brownie

Rice Krispies Treat

Fruit Snacks

Fruit Roll Up

## Drinks – (Pick 1)

Flavored Water

Milk

100% Juice

Lemonade

Capri Sun

Water

## Personal Favorites

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