

Stockpiling Worksheet

STOCKPILE PRICES	DETAILS	RETAIL PRICE	BUY PRICE	STOCK UP PRICE	UNIT PRICE
HOUSEHOLD PRODUCTS					
Aluminum Foil		\$0.98	\$0.50	\$0.30	
Dish Soap		\$0.97	\$0.50	Free*	
Fabric Softener (liquid)	65 ounces	\$3.16	\$1.50	\$1.00	
Facial Tissues		\$0.97	\$0.50	\$0.25	
Dishwasher Detergent	20 loads	\$0.97	\$1.49	\$1.00	\$0.05/Load
Glass Cleaner		\$2.84	\$1.50	\$0.75	
Hand Soap		\$0.96	\$0.50	\$0.25	
Laundry Detergent	32 loads	\$4.97	\$2.00	\$1.00	\$0.032/Load
Paper Plates		\$1.96	\$0.75	\$0.50	
Paper Towels (Per Roll)	8 Rolls	\$5.97	\$4.97	\$3.99	\$0.50/Roll
Toilet Bowl Cleaner		\$1.97	\$1.50	\$0.50	
Toilet Paper (price per dbl. roll)	9 Rolls	\$4.97	\$3.00	\$2.00	\$0.01 Sq. Ft.
Trash Bags (22 Ct. Kitchen)		\$5.17	\$3.50	\$2.50	\$0.11/Bag
Ziploc Bags (Freezer)	30 Ct. Gallon	\$4.38	\$3.00	\$2.00	\$0.067/Bag
Ziploc Bags (Storage)	100 Ct. Sandwich	\$2.98	\$2.00	\$1.50	\$0.015/Bag
Bleach	96 ounces	\$1.98	\$1.40	\$1.00	
All Purpose Cleaners		\$2.84	\$1.50	\$0.50	
Fabric Softener Sheets	160 ct.	\$3.98	\$2.98	\$2.00	\$0.13 each

GROCERIES					
Bagels		\$2.50	\$2.00	\$1.50	
BBQ Sauce		\$1.50	\$1.00	\$0.50	
Bread		\$2.00	\$1.50	\$1.00	
Breakfast/Cereal Bars		\$2.50	\$1.50	\$1.00	
Brown Sugar	2 lbs.	\$2.50	\$2.00	\$1.50	\$0.74 per lb.
Brownie Mixes		\$1.50	\$1.00	\$0.50*	
Cake Mixes		\$1.24	\$1.00	\$0.50	
Canned Beans		\$0.68	\$0.50	\$0.25	
Canned Pasta		\$0.74	\$0.50	\$0.25	
Canned Fruit		\$0.98	\$0.60	\$0.40	
Canned Pasta Sauce		\$1.33	\$1.00	\$0.50	
Canned Soup		\$1.84	\$1.00	\$0.50	
Canned Tomato Paste		\$0.44	\$0.33	\$0.20	
Canned Tomatoes		\$0.68	\$0.75	\$0.50	
Canned Vegetables		\$0.68	\$0.60	\$0.45	

*ON STOCK UP PRICE DENOTES ITEM MAY BE AVAILABLE AS A FREEBIE

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GROCERIES

Cereal		\$2.54	\$2.00	\$1.25	
Chicken Broth		\$0.78	\$0.65	\$0.25	
Chocolate Chips	12 ounce bag	\$2.68	\$2.00	\$1.50	
Coffee	1 lb. (16 ounces)	\$9.98	\$6.98	\$3.99	\$0.25/ounce
Cookies		\$2.38	\$1.50	\$1.00	
Crackers		\$2.50	\$1.50	\$1.00	
Croutons		\$1.28	\$0.75	\$0.50	
Crystal Light On the Go		\$2.00	\$1.50	\$1.00	
Flour	5 lb.s	\$2.50	\$2.00	\$1.25	\$0.25/pound
Fruit Snacks		\$2.00	\$1.50	\$0.75	
Fruit Snacks		\$2.00	\$1.50	\$1.00	
Hamburger/Hot Dog Buns	8 Count	\$1.25	\$1.00	\$0.50	
Honey	12 Ounce	\$2.82	\$1.97	\$1.50	\$0.13/ounce
Jelly		\$1.88	\$1.50	\$1.00	
Juice (100% - 64 oz. Bottle)		\$2.98	\$2.00	\$1.00	
K-Cups	18 ct.	\$10.98	\$8.00	\$7.20	\$0.40 ea.
Ketchup		\$1.00	\$1.00	\$0.50*	
Macaroni & Cheese		\$0.98	\$0.69	\$0.40	
Mayonnaise		\$1.76	\$1.50	\$1.00	
Mustard		\$1.08	\$1.00	\$0.50	
Oatmeal (Instant)		\$2.88	\$2.00	\$1.15	
Oats		\$2.42	\$1.75	\$1.00	
Olive Oil	16 ounce	\$4.72	\$3.72	\$2.50	
Pasta		\$1.08	\$0.50	\$0.25	
Peanut Butter		\$2.58	\$2.00	\$1.00	
Rice - Brown per pound		\$0.78	\$0.60	\$0.40	
Rice - White per pound		\$0.78	\$0.60	\$0.40	
Salad Dressing		\$2.00	\$1.50	\$1.00	
Seasonings		\$0.98	\$0.50	\$0.25	
Soft Drinks (12 Pack Cans)		\$3.98	\$2.50	\$2.00	
Soft Drinks (2-Liters)		\$1.38	\$1.00	\$0.75	
Sugar	5 lbs.	\$3.08	\$2.15	\$1.50	\$0.30 per lb.
Tomato Sauce		\$0.34	\$0.25	\$0.15	
Tortillas		\$1.68	\$1.00	\$0.67	
Tuna Canned or Pouch	Canned Tuna	\$0.67	\$0.50	\$0.30	
Vanilla	1 ounce	\$2.88	\$2.00	\$1.50	
Vegetable Oil	48 ounce	\$2.78	\$2.00	\$1.50	\$0.03/ounce
Water Bottles	(16.9 oz. 24 Pack)	\$3.98	\$3.00	\$2.00	\$0.08/bottle

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MEATS

Beef					
Lean Ground Beef 90/10			\$3.98	\$2.99	\$2.25
Ground Beef 80/20			\$3.18	\$2.49	\$1.59
Ground Chuck			\$3.48	\$1.99	\$1.99
Pot Roast			\$4.78	\$2.49	\$2.29

STEAK

Round Steak	per lb.		\$5.28	\$4.49	\$3.99
Cube Steak	per lb.		\$4.38	\$3.99	\$2.99
Strip Steak	per lb.		\$8.58	\$6.99	\$5.99

CHICKEN

Boneless Skinless Chicken Breast	per lb.		\$1.97	\$1.79	\$1.39
Split Fryer Breast	per lb.		\$1.74	\$1.25	\$0.99
Chicken Thighs	per lb.		\$2.18	\$1.49	\$0.79

TURKEY

Whole Frozen Turkey	per lb.		\$0.98	\$0.59	\$0.39
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PORK

Pork Chops	per lb.		\$2.78	\$1.99	\$1.79
Pork Tenderloin			\$2.98	\$2.99	\$2.59
Bone In Pork Chops			\$2.49	\$1.79	\$1.59

FISH

Tilapia Fillets	2 Ct.		\$4.48	\$1.99	\$1.79
Salmon Fillet	2 Ct.		\$4.94	\$2.49	\$2.25
Shrimp	41-60 Ct.		\$5.00	\$2.99	\$2.49

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BABY ITEMS

Baby Food Jars		\$0.50	\$0.33	\$0.25	
Baby Powder		\$2.97	\$1.49	\$0.75	
Baby Shampoo		\$2.42	\$1.49	\$0.75	
Baby Wash		\$2.42	\$1.49	\$0.75	
Diaper Cream		\$3.97	\$1.99	\$1.00	
Formula (Store Brand)	36 oz.	\$17.98	\$10.78	\$8.99	\$0.249/ounce
Formula (Premium)	23.4 oz.	\$23.44	\$18.75	\$14.00	\$0.59/ounce
Lotion		\$2.42	\$1.49	\$0.75	

DIAPERS

		\$5.97			\$ Per Diaper
Store Brand - Size 1	200 ct.	\$23.88	\$20.00	\$18.00	\$0.09
Store Brand - Size 2	96 ct.	\$13.97	\$12.00	\$10.00	\$0.10
Store Brand - Size 3	144 ct.	\$20.99	\$19.99	\$17.99	\$0.12
Store Brand - Size 4	124 ct.	\$20.99	\$19.99	\$17.99	\$0.14
Store Brand - Size 5	108 ct.	\$20.99	\$19.99	\$17.99	\$0.16
Diapers - Size 1	40 ct.	\$9.47	\$7.00	\$5.00	\$0.12
Diapers - Size 2	36 ct.	\$9.47	\$7.00	\$5.00	\$0.14
Diapers - Size 3	31 ct.	\$9.47	\$7.00	\$5.00	\$0.16
Diapers - Size 4	27 ct.	\$9.47	\$7.00	\$5.00	\$0.18
Diapers - Size 5	23 ct.	\$9.47	\$7.00	\$5.00	\$0.21

TRAINING PANTS

Store Brnd. - Training Pants 2T-3T	58 ct.	\$17.49	\$16.49	\$14.00	\$0.24
Store Brnd - Training Pants 4T-5T	50 ct.	\$17.49	\$16.45	\$14.00	\$0.28
Pull Ups - 2T-3T	26 ct.	\$9.47	\$7.00	\$5.00	\$0.19
Pull Ups - 4T-5T	44 ct.	\$15.74	\$13.00	\$10.00	\$0.22

WIPES

Wipes Tub	72 ct.	\$1.97	\$1.47	\$1.00	\$0.015
Wipes Refill	216 ct.	\$5.88	\$4.50	\$3.00	\$0.015

SWIM PANTS

Small Swim Diapers	20 ct.	\$9.97	\$7.00	\$5.00	\$0.25
Medium Swim Diapers	18 ct.	\$9.97	\$7.00	\$5.00	\$0.27
Large Swim Diaper	17 ct.	\$9.97	\$7.00	\$5.00	\$0.29

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